

Home Visitor Clip:
Affirming, Accepting, Respecting, Autonomy

Sarah: I mean, you put the needs of your children first. I mean, it sounds like you don't have time for anything else. I respect that. So, would it be okay with you if I shared one more piece of information?

Tammy: Sure.

Sarah: Sometimes when parents are depressed it can impact their children. For example infants whose parents experience depression may cry more often than other infants. Children are very sensitive to the moods of their parents even when we think we are doing a really good job of pushing through or hiding our feelings.